

Yamaska
Valley
Optimist
Club

October 5, 2025

Lac Brome Community Center
270, Victoria Street, Knowlton



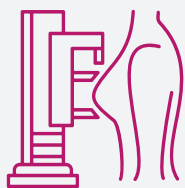
Dear member of the Brome-Missisquoi community,

The Yamaska Valley Optimist Club invites you to its annual Walk to Fight All Cancers. This year, more than ever, every participant will be essential to maintaining and improving breast health for women in Brome-Missisquoi. The BMP Hospital Foundation is taking this opportunity to upgrade its mammography equipment, placing the hospital's medical imaging services at the forefront in the Eastern Townships.

GIVE US THE MEANS TO GO FURTHER

The medical imaging department currently performs more than 6,000 mammograms per year, both for screening as part of the Quebec Breast Cancer Screening Program (PQDCS) and for diagnostic investigations and follow-ups for breast biopsies. In addition, BMP Hospital is the only hospital in western Estrie equipped with a stereotaxy table for performing breast biopsies and inserting harpoons that must be validated by mammography. **The mammography machine has reached the end of its life and must be replaced immediately to maintain access to breast exams for women in Brome-Missisquoi.**

By acquiring a more advanced, next-generation mammography machine, we will reduce service interruptions and consolidate access to screening and surgical care for patients at risk of breast cancer.



The BMP Foundation is taking action now to ensure patient safety and health by improving access to specialized exams near you: the addition of an angio-mammography module will enable the detection of lesions that may be invisible on traditional mammograms or ultrasounds.

This new equipment and module require an investment by the BMP Foundation of \$500,000, which will enhance:

- ✓ Image quality and thus diagnostic accuracy;
- ✓ Mammography examination times;
- ✓ Detection of invisible lesions without having to rely on long delays for MRI, thanks to the addition of angiomammography;
- ✓ Management of patients at risk or under investigation for breast cancer;
- ✓ The reduction of delays and travels.

NEARLY \$ 1.5 M RAISED OVER 24 YEARS TO FIGHT CANCER

This year, each of you will be walking for a medical expertise unique in the region - together, let's be allies against cancer!

Go online now at www.fondationbmp.ca to register or donate to this important cause.



DETAILS OF THE WALK TO FIGHT ALL CANCERS - SUNDAY OCTOBER 5th

Registration between 8 and 9:15 a.m.

5 KM and limited mobility walk starting at 9:30 a.m. | Walk for kids at 10:30 a.m.

Honorary co-presidency of Dr. Christine Cadrin and Shelley Mizener

With the collaboration of Lucy Davis and Judy Henderson

5 KM WALKING COURSE

Dogs are welcome and can be registered!

1.5 KM SPECIAL COURSE

For Kids and people with limited mobility

YOGA CLASS

Soft exercises

Minimum donation of \$ 25 with tax receipt (voluntary donations for kids 10 and under)
(with complete name and address, donations online, cash or by cheque made out to the BMP Foundation)

TO DOWNLOAD OR VIEW WHERE TO PICK-UP DONATION FORMS: www.fondationbmp.ca

FOR MORE INFORMATION: Lucy Davis 450-330-2625

